

April Coordinated Care Community Educator Trainings

Getting the Right Care in the Right Place, an AHCC Overview

This Health Overview session explains:

- Strengths-based, trauma-informed approach to working with youth
- How AHCC Staff can help you get the right care for each youth
- What is covered by Apple Health (Medicaid)

Facilitated by Zia Freeman, MA, LMHC, Community Educator with Coordinated Care

When: Apr 6, 2021 12:30 PM Pacific Time (US and Canada)

Register in advance for this meeting:

https://centene.zoom.us/meeting/register/tJUocu6qrD4tE9ZQ_xBAX8mP1IXjZ1nIRG1L

After registering, you will receive a confirmation email containing information about joining the meeting

Trauma Informed Care: Building a Safe Place

This training looks at ways we can help children recover and become more resilient.

Safety is important for all children but it is particularly crucial for children who have experienced trauma. For these youth the world has become a harsh and unpredictable place. To heal they need to feel safe and to believe there are adults in their lives who can offer security and safety. We will define the components of safety and share ideas of how we can help children know they are in a safe place with caregivers, beyond just the physical aspects.

Developed by the National child traumatic stress network (NCTSN)

Facilitated by Zia Freeman, MA, LMHC, Community Educator with Coordinated Care

When: Apr 7, 2021 06:30 PM Pacific Time (US and Canada)

Register in advance for this meeting:

https://centene.zoom.us/meeting/register/tJEpceGsrDksGdLuAyyRj1YMfml8R_PqwqS

After registering, you will receive a confirmation email containing information about joining the meeting.

Resiliency

This Resiliency Training provides information on how to foster resilience in children. It reviews research from Ann Masten and Laurence Gonzales to guide discussion. This training looks at factors that effect resilience, the human adaptive process, ways to successfully cope with trauma, and the 12 steps of successful survivors. The training ends with a discussion around how caregivers can help their children feel safe, capable and loveable.

Facilitated by Zia Freeman, MA, LMHC, Community Educator with Coordinated Care.

When: Apr 20, 2021 01:00 PM Pacific Time (US and Canada)

Register in advance for this meeting:

https://centene.zoom.us/meeting/register/tJAvce-gqjliEtVBfY_eGO-U_QYEFZP8p1kw

After registering, you will receive a confirmation email containing information about joining the meeting.

The Impact of Trauma on Childhood Development

The training focuses on how complex trauma effects childhood development in infants and toddlers, school aged children, and adolescents.

Facilitated by Lindsey Greene, MSW, Community Educator with Coordinated Care

When: Apr 20, 2021 10:00-11:30 AM Pacific Time (US and Canada)

Register in advance for this meeting:

<https://centene.zoom.us/meeting/register/tJMuduGrrjwiGty-Cd2pw8W1Tr9VW8LjOeb7>

After registering, you will receive a confirmation email containing information about joining the meeting.

Food & Hygiene: Common Behaviors in Children with a history of Trauma

This Trauma Informed training is for those treating, supporting and caring for children who have experienced trauma. Participants will be able to identify and comprehend how trauma affects childhood development in regards to food and hygiene issues. This webinar will discuss the reasons behind these trauma driven concerns, as well as offer some practical and easy ideas to help.

Facilitated by Zia Freeman, MA, LMHC, Community Educator with Coordinated Care

When: Apr 21, 2021 04:00 PM Pacific Time (US and Canada)

Register in advance for this meeting:

<https://centene.zoom.us/meeting/register/tJEvc--pqTloGtTEqPShbDarCJGpknmoYQvZ>

After registering, you will receive a confirmation email containing information about joining the meeting.

Secondary Trauma and Self Care

This training will help caregivers and service providers to understand secondary trauma, compassion fatigue, burnout, and compassion satisfaction. Participants will also be able to recognize warning signs and personal triggers, as well as understand why self-care is important and develop a personal self-care plan.

Sponsored by Hand in Hand, Facilitated by Lindsey Greene, MSW, Community Educator with Coordinated Care

When: Apr 22, 2021 06:00- 08:00 PM Pacific Time (US and Canada)

Register in advance for this meeting:

<https://centene.zoom.us/meeting/register/tJMkd-mprD8jH9MaHM2i2UUW0xqxXKUcxWTj>

After registering, you will receive a confirmation email containing information about joining the meeting.

Suicide Prevention

Provides an overview of the topic of suicide, signs and symptoms, and how professionals and parents/caregivers should respond in times of crisis. The training will dive into the rates of youth suicide, risk factors, and proactive steps to take for prevention. Will include a discussion on self-harm.

Facilitated by Zia Freeman, MA, LMHC, Community Educator with Coordinated Care

When: Apr 27, 2021 01:00 PM Pacific Time (US and Canada)

Register in advance for this meeting:

<https://centene.zoom.us/meeting/register/tJUrcO-ugz4jG9PcsB0m-PykqbaiJfILpqWD>

After registering, you will receive a confirmation email containing information about joining the meeting.

AHCC Overview

Are you connected to a youth in foster care, adoption support, alumni of care, or a reunified family? Have you ever felt like the health care system should be easier for that youth? If so, this overview is for you. It will give you the tools you need to help navigate the health care system. Apple Health Core Connections (AHCC), a program of Coordinated Care of Washington Inc.,

provides Apple Health (Medicaid) benefits for foster, alumni, and adopted youth. This overview shares how to get the most out of covered physical and behavioral health services, what to do if you face barriers, and details about added benefits like video chat appointments with a provider and getting paid for preventative care.

Facilitated by Lindsey Greene, MSW, Community Educator with Coordinated Care

When: Apr 29, 2021 03:00- 04:00 PM Pacific Time (US and Canada)

Register in advance for this meeting:

<https://centene.zoom.us/meeting/register/tJclduChrzojEtL0q0UJaOnGRNMoRA79BG-s>

After registering, you will receive a confirmation email containing information about joining the meeting.